



Pacific Newborn Clinic

Skilled Hands with a Gentle Touch

Post-Circumcision Instructions

Post-surgical care after a newborn circumcision is crucial for healing and preventing complications. Here's a guide for parents and caregivers:

General Care

- **Monitor for Bleeding:**
 - Check the circumcision site for any bleeding. A small amount of oozing is normal for the first 3 days. Please call the clinic immediately if you observe heavy bleeding at the surgical site.
- **Diaper Care:**
 - Use loose-fitting diapers to avoid irritation.
 - Change diapers frequently to keep the area clean and dry.
 - Apply a dab of petroleum jelly to the penis with every diaper change for 2 weeks. This will keep it moist and protect it from sticking to the diaper.
- **Cleaning:**
 - Clean the area gently with warm water during diaper changes. Don't worry if stool gets on the penis, just gently wipe it away with a warm washcloth. Avoid using soaps or wipes that may irritate the skin.
 - Don't remove the thin yellow film that may form on the penis. It will go away on its own. Please avoid scrubbing the penis.
 - During the first 48 hours after the Circumcision, sponge bathing is recommended. Starting on day 3 you can resume bathing your newborn in a tub of warm water.

Pain Management

- **Pain Relief:**
 - It's normal for the newborn to cry or be fussy for the first 24 hours after the procedure. You might notice a temporary change in feeding and sleeping patterns. This is OK. You can use OTC Infant's Tylenol every 4-6 hours as needed



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for pain. Please call the clinic if your baby is overly irritable or appears to be in a lot of pain. Please follow the weight-based dosing guidelines below.

INFANTS TYLENOL DOSING		
Weight		Infant Tylenol
LB	KG	160 mg/mL
6	2.72	1.25
7	3.18	1.50
8	3.63	1.75
9	4.08	2.00
10	4.54	2.25
11	4.99	2.50
12	5.44	2.50

Infection

- Please call the clinic immediately if you notice signs or symptoms of infection, such as:
 - Increased redness or swelling around the circumcision site
 - Pus or unusual discharge
 - Foul odor
 - Fever (rectal temperature of 100.4 F or higher)



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Foreskin Retraction

- The head (glans) of the penis has a ridge all the way around. When the circumcision has healed properly, the entire ridge of the penis will be exposed. After your baby's Circumcision, the edge of the remaining foreskin might stick to the head of the penis. Rarely, this can lead to adhesions that would require another procedure. To prevent the adhesions, 7 days after the Circumcision, start gently retracting (pulling back) the foreskin so you can see the ridge between the head and shaft of the penis.

Follow-Up

- **Follow-up Appointment:**
 - You can schedule an optional follow-up appointment to take place a few days after the procedure to ensure there is proper healing and address any concerns. You can do an in-person visit or a virtual visit, whichever is most convenient for you and your family.
- **Healing Timeline:**
 - Most circumcision sites heal within 7-10 days.
 - You may notice that the tip of the penis is red and there may be a small amount of yellow fluid the first few days after the procedure. This usually is a normal sign of healing.

Emotional Support

- Provide comfort to the baby, as they may be fussy or irritable post-surgery. Holding, gentle rocking, and feeding can help soothe them. Most babies want to feed right after the procedure. He may sleep a little more than the usual for the first day after the procedure.

Always consult with a healthcare provider for specific instructions tailored to your baby's needs and to address any concerns that may arise during the healing process.