



# Pacific Newborn Clinic

Skilled Hands with a Gentle Touch

## NEWBORN CIRCUMCISION CONSENT FORM

### Patient Information:

- **Baby's Name:** \_\_\_\_\_
- **Date of Birth:** \_\_\_\_\_
- **Mother's Name:** \_\_\_\_\_
- **Father's Name:** \_\_\_\_\_

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### Procedure Overview:

Circumcision is an elective procedure that involves the surgical removal of the normal foreskin from the penis. I understand that my newborn will be placed in a standard circumcision immobilization device, local anesthesia will be administered and the foreskin will be removed by use of the appropriate sterile technique & instruments.

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### Benefits:

Clinical studies have found several benefits to newborn circumcision. These include:

- Easier hygiene
- Reduction in urinary tract infections (UTIs), especially during the first year of life
- Decreased risk of sexually transmitted infections (STIs) later in life



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- HIV, Syphilis, Genital Ulcer Disease, Genital Herpes
  - Reduction in sexually transmitted infections in female partners
    - HPV, Bacterial Vaginosis & Trichomonas vaginalis
  - Prevention of phimosis, paraphimosis or balanitis.
  - Decreased risk of penile cancer
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## Risks:

Newborn Circumcisions have a low rate of complications (0.4%), but any surgical procedure carries some risks which include:

- Risk of bleeding
  - 1/100 – small amount of bleeding that can be stopped with gentle pressure
  - 1/4,000 – excessive bleeding that would require evaluation and closure by Urology
  - 1/20,000 – significant bleeding that might require a blood transfusion
- Risk of infection
  - 1/1,000 – localized infection that requires the application of a topical antibiotic for days
  - 1/4,000 – infection requiring oral or IV antibiotics
- Suboptimal cosmetic outcome
  - Occasionally too much or too little foreskin is removed
  - Rarely this can require a second procedure by a Urologist for a better outcome
- Trauma to the Penis
  - Rarely can there be an injury to the penis that would require urgent Pediatric Urology surgical consultation and repair
  - Injury could be to the penis itself or the urethra that carries urine out of the body
- Local Anesthesia side effects



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- Penile adhesions
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## **Contraindications:**

- Current illness, infection, fever or medical disorder (i.e. Congenital Heart Disease)
  - Family history of Bleeding Disorders
  - Congenital Penile anomalies (anatomy of the penis is abnormal at birth)
  - Skin or Connective Tissue Disorders
  - Jaundice
  - Infant that has not voided yet
  - Infant Prematurity (born < 37 weeks of gestation)
  - Weight < 5.5 lbs or > 12 lbs
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## **Acknowledgment:**

I acknowledge that I have been informed about the circumcision procedure, its benefits, and its risks. I have had the opportunity to ask questions, and all my concerns have been addressed.

I understand that if during the procedure the Physician may choose not to complete the circumcision due to clinical reasons which may include abnormal anatomy, poor cosmetic outcome, bleeding or anesthesia complications. In this case, you will be referred to a Pediatric Urologist for evaluation.

I understand that I have the right to refuse this procedure and that complications, while rare, can occur.

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## **Consent:**

By signing below, I consent to the circumcision of my newborn son.



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**Parent/Guardian Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_