



Pre-Circumcision Instructions

Here's a guide for parents to prepare for their newborn's circumcision:

Understand the Procedure

- **Research:**
 - Read about circumcision, its benefits, risks, and the reasons it may be performed.
 - Visit the FAQ section on our website
- **Discuss with Physician:**
 - Schedule a consultation with the physician to ask questions and address concerns.
 - We offer virtual & in-person consultations

Informed Consent

- **Consent Form:**
 - Make sure your questions have been answered, you have thoroughly read the consent form, feel comfortable with proceeding, and sign the Circumcision consent form.

Medical History

- **Share Information:**
 - Provide a complete medical history of your baby. Please let your physician know if there is any family history of bleeding disorders, infections, or urological conditions.

Anesthesia Options

- **Discuss Pain Management:**
 - We will prescribe EMLA cream, which will numb the skin to relieve pain and minimize discomfort. You will apply the cream around the penis at least 60



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minutes before the procedure. We also inject lidocaine around the penis to ensure your baby is completely pain-free during the procedure.

Preoperative Instructions

- **Feeding:**
 - You can feed your baby up to 1 hour before the procedure and he will be hungry right after. We have comfortable, private spaces where you can feed your baby after the circumcision.

Hygiene Preparation

- **Bathing:**
 - Give your baby a gentle bath the night before or the morning of the procedure to ensure cleanliness.

Day of the Procedure

- **Dress Comfortably:**
 - Dress your baby in loose-fitting and easy-to-remove clothing. We will keep your baby warm and comfortable during the procedure.
- **Bring Comfort Items:**
 - Bring a favorite blanket or toy to help soothe your baby after the circumcision.
- **Pacifier:**
 - For babies, sucking is a natural calming reflex. Please bring a pacifier so we can dip it in sugar water, which will distract and soothe him during the procedure.
- **Diaper:**
 - Please bring an extra diaper so we can put him in a clean diaper after the procedure is completed.
- **Anesthetic Cream**



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- Please apply the anesthetic cream that was prescribed during your pre-Circumcision consult to the base of the penis and loosely cover the area with saran wrap.

<insert short video of anesthetic cream application>

By being well-informed and prepared, parents can feel more confident and supportive during the circumcision process.